



# Challenge: Body Spelling

Here's a challenge that will test your teamwork skills! For this, you'll need to gather a few other people – maybe your family members or friends at school (remember to socially distance with anyone outside your family or school bubble though). Can you work together and use your bodies to make shapes which look like letters of the alphabet? Once you've mastered this, agree on a word that you want to spell out – remember, working in a team is great because it brings together everyone's skills...but...you'll need to make sure you compromise (which might mean your idea not being chosen), and agree together as a team. Make sure you capture your team's creations and we can't wait to see them!

- You will need:**
- Yourself
  - Some friends or family members
  - Someone to take a photo
  - A Phone or camera

**Step 1:** Gather your team members together and explain the challenge to them. Make sure everyone understands. You could decide together who will take the photo and who will be IN the photo. Will these roles change? Will you take it in turns?

**Step 2:** Have a go at making some letter shapes with your bodies. You might be able to make some by yourself, and sometimes you might need to work as a mini team with one or two other people. Try a few ways of doing this – you could stand up and take a photo in the normal way, or if you find it difficult to balance, you could lay on the floor to make your shapes, and have the photo taken from above (you'll need a high window or door for this, e.g. from upstairs). Can you make all the letters of the alphabet? Can you make capital and lower-case letters? What about punctuation marks – a question mark? An exclamation mark? A full stop?

**Step 3:** Once you've mastered the shapes, agree what words you want to make as a team. If you have a big group, could you make a short phrase of a few words? Don't worry if you can't – you could take a series of photos by making the shapes of one word or even a letter at a time then put the photos together at the end to make a word or a phrase.



**Step 4:** Look at what you created – could you improve it? What did you learn? Perhaps you could switch round and let other team members have different roles? How well did you work together?



**Which skills will I be developing?**

**Main** **Additional**

